Allergen Chart Spring/Summer 2022 Week Three 

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Recipe DescriptionContains **X** May Contains **O** | Graphical user interface, application  Description automatically generated | Graphical user interface, application  Description automatically generated | Graphical user interface, application  Description automatically generated | Graphical user interface, application  Description automatically generated | Graphical user interface, application  Description automatically generated | Graphical user interface, application  Description automatically generated | Graphical user interface, application  Description automatically generated | Graphical user interface, application  Description automatically generated | Graphical user interface, application  Description automatically generated | Graphical user interface, application  Description automatically generated | Graphical user interface, application  Description automatically generated | Graphical user interface, application  Description automatically generated | Graphical user interface, application  Description automatically generated | Graphical user interface, application  Description automatically generated |
| Margarita Pizza |  |  |  |  |  |  | **X** | **X** |  |  |  |  |  |  |
| Tomato & Lentil bake |  |  |  |  |  |  | **X** | **X** | **X** |  | **X** |  |  |  |
| Potato Wedges |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Coleslaw |  | **X** |  |  |  |  |  |  |  |  |  |  |  |  |
| GF Pizza |  |  |  |  |  |  |  |  | **X** |  | **X** | **O** |  |  |
| Cheese & Tomato Vegan Pizza |  |  |  |  |  |  |  | **X** |  |  | **X** |  |  |  |
| Apple Crumble & Ice cream |  |  |  |  |  |  | **X** | **X** |  |  |  |  |  |  |
| Pork & Apple Burger |  |  |  |  |  |  |  | **X** |  | **O** |  |  |  | **X** |
| Quorn Hot Dog & Ketchup |  |  |  |  |  |  |  | **X** |  | **O** |  |  |  |  |
| Herby Diced Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweetcorn & Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GF Beef Burger |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Dippers |  |  |  |  |  |  |  | **X** |  |  |  |  |  |  |
| Marbled Crunch |  | **X** |  |  |  |  |  | **X** |  |  |  |  |  |  |
| Fresh Fruit Salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| GF Cookie |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| DF Vegan Cookie |  |  |  |  |  |  |  | **X** |  |  |  |  |  |  |
| Juice Cup |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Chicken |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sage & Onion Stuffing |  |  |  |  |  |  |  | **X** |  |  |  |  |  |  |
| Cumberland Vegan Toad in Hole |  |  |  |  |  |  |  | **X** | **X** |  |  |  |  |  |
| Roast Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baby Carrots/Green beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Strawberry Whip |  |  |  |  |  |  | **X** |  |  |  |  |  |  |  |
| Chicken Pasta bake |  |  |  |  |  |  | **X** | **X** |  |  |  |  |  |  |
| Broccoli |  |  |  |  |  | **X** |  |  |  |  |  |  |  |  |
| Ratatouille Pasta |  |  |  |  |  |  |  | **X** |  |  |  |  |  |  |
| Chicken & Broccoli Potato Bake |  |  |  |  |  |  |  | **O** |  |  | **X** |  |  |  |
| Carrot & Banana Cake |  | **X** |  |  |  |  |  | **X** |  |  |  |  |  |  |
| Strawberry Mousse  |  |  |  |  |  |  | **X** |  |  |  |  |  |  |  |
| Banana Pancakes |  |  |  |  |  |  |  | **X** | **X** |  |  |  |  |  |
| Fish Fingers GF DF |  |  |  |  |  | **X** |  |  |  |  |  |  |  |  |
| Quorn Vegan Nuggets |  |  |  |  |  |  |  | **X** |  |  |  |  |  |  |
| Chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mendham’s Chocolate Square |  |  |  |  |  |  | **X** | **X** | **X** |  |  |  |  |  |
| Chocolate Mousse GF |  |  |  |  |  |  | **X** |  |  |  |  |  |  |  |
| Vegan DF Chocolate Square |  |  |  |  |  |  |  | **X** |  |  |  |  |  |  |
| Salmon Fish Fingers |  |  |  |  |  | **X** |  | **X** |  |  |  |  |  |  |